

1-1-1,5;2-1

How I've Changed

Grade Level	First
Minimum Time Required	Two 30 minute class periods
Materials/Resources	Large sheets of paper, Pencils, Magazines, Scissors, Teacher baby picture
Subject Area(s)	Guidance

Project Description

1. Show the students a baby picture of yourself. Ask them to suggest things you probably couldn't do as a baby that you can do now, as a pre-schooler, or a year ago.
2. In teams of 2, have students take turns tracing each others form on a large sheet of paper.
3. Have students generate a list of how we use our arms, legs, hands and feet.
4. Discuss this general list by having students indicate something from the list they do well and something that is hard for them to do.
5. Have the students make individual lists of what they do well relating this to specific parts of their body.
6. If time allows, magazine pictures or drawings can be added for illustration.
7. Display the body posters in the classroom.

Career Development Standard	Knowledge of the importance of self concept. Skills to interact with others.
Career Development Indicator	Describe characteristics about self as seen by self and others. Identify personal interests, abilities, strengths and weaknesses. Identify how people are unique.
Delivery Level	Review
Academic Standards	
Language Arts	2.4.a Write to determine what is known about specific topics. 4.2.c Use accepted language in personal communication.
Employability/SCANS Skills	Personal Qualities Basic Skills Thinking Skills
Assessment/Rubric	Students will name one thing they do well and one thing they can not do so well. All students understand that their accomplishments change as they grow.

Submitted by: Elementary Group NCDG